

2022 Major Resolutions and Operations of the Board

• Six Board meetings were convened in 2022(A). The directors' attendance status was as follows.

Title	Name	Attendance in Person (B)	By Proxy	Attendance Rate in Person (%) 【 B / A 】	Note
Chairman	Lin, Ing-Gin	6	-	100%	-
Director	Zhuang, Zhu-Wei	6	-	100%	-
Director	Chang, Chih-Chuan	6	-	100%	-
Director	Wanshida Construction Co., Ltd. Representative: Li, Bo-Yi	3	-	100%	-
Independent Director	Hsieh, Chang-Hung	6	-	100%	-
Independent Director	Wang, Kai-Li	6	-	100%	-
Independent Director	Wang, Chih-Cheng	6	_	100%	-

• Other required notes for the Board meetings:

1. In the event of either of the following situations, dates, sessions, contents of resolutions of the Board meetings, opinions from all independent directors, and Company responses to their opinions should be noted:

		Any Independent
Board	Resolution	Director Had a Dissenting
Meeting Dates	Resolution	Opinion or Qualified
		Opinion
The 14 th	(1).Amendment to handling procedures for acquisition or disposal of	None
meeting of the	assets.	
11 th Board on	(2).Amendment to the Company's internal control policies and	None
March 9, 2022	internal audit procedures.	
	(3). The Company made endorsements/guarantees for subsidiary	None
	Shelton Corporation (Jiaxing), Ltd.	
	(4).Entering into Contract of Construction of Plant on Leased Land.	None
	(5).Employee stock options are offered by Sweatband.com to their	None
	employees.	
	Independent directors' opinions: None.	
	The Company' s responses to independent directors' opinions: None.	

i. Matters listed in the Securities and Exchange Act §14-3.



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	Resolution: All directors present at the meeting approved.	
The 15 th	(1). Loaning of funds for the subsidiaries of the Company.	None
meeting of the		
11 th Board on	(2). Approval of 2021 annual financial statements and business report.	None
March 31,	(3). Approval of 2021 statement of internal control system.	None
2022		
·	Independent directors' opinions: None.	
	The Company's responses to independent directors' opinions: None. Resolution: All directors present at the meeting approved.	
The 16 th	(1). Loaning of funds for the subsidiaries of the Company.	None
meeting of the	(2). Determining whether there were loaning funds to unrelated	None
11 th Board on	parties in this quarter.	None
May 11, 2022	(3). Approval of 2022 the first quarter consolidated financial statements.	None
	(4). The Company cancelled endorsements/guarantees for subsidiary Cardio Fitness GmbH & Co. KG.	None
	(5). The Company made loans to sub-subsidiary Cardio Fitness GmbH & Co. KG.	None
	(6). The Company cancelled endorsements/guarantees for subsidiary Shelton Corporation (Jiaxing), Ltd.	None
	(7). The fifth buyback of treasury stock.	None
·	Independent directors' opinions: None.	
	The Company's responses to independent directors' opinions: None.	
ļ	Resolution: All directors present at the meeting approved.	
The 17 th	(1). Loaning of funds for the subsidiaries of the Company.	None
meeting of the 11 th Board on	(2). Determining whether there were loaning funds to unrelated parties in this quarter.	None
August 12, 2022	(3). Approval of 2022 the second quarter consolidated financial statements.	None
	(4). Increase investment in sub-subsidiary Dyaco Japan.	None
	(5). Increase investment in sub-subsidiary Dyaco UK.	None
	(6). Increase investment in sub-subsidiary Dyaco Europe.	None
	(7). Apply for bank loans.	None
	(8). Acquired for 70% equities of IUVO.	None



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	Independent directors' opinions: None.				
	The Company's responses to independent directors' opinions: None.				
	Resolution: All directors present at the meeting approved.				
The 18 th	(1). Loaning of funds for the subsidiaries of the Company.	None			
meeting of the 11 th Board on	(2). Determining whether there were loaning funds to unrelated parties in this quarter.	None			
November 10, 2022	(3). Increase investment in sub-subsidiary Sole Inc. and Fitness Equipment Service, LLC.	None			
	(4). Approval of 2022 the third quarter consolidated financial statements.	None			
	(5). Apply for bank loans.	None			
	(6). Transaction charges structure for IUVO's equity segment.	None			
	(7). Increase investment in sub-subsidiary IUVO.	None			
	(8). Increase investment in sub-subsidiary President Plastic Products MFG. Co., Ltd.	None			
	(9). The Company made loans to sub-subsidiary City Sport.	None			
	Independent directors' opinions: None.				
	The Company's responses to independent directors' opinions: None.				
	Resolution: All directors present at the meeting approved.				
The 19 th meeting of the	(1). President Plastic Products MFG. Co., Ltd. made endorsements/guarantees for the Company.	None			
11 th Board on	(2). The Company made loans to sub-subsidiary Sweatband.com.	None			
December 23,	(3). Apply for bank loans.	None			
2022	(4). 2022 Assessment of independence of CPAs. None				
	Independent directors' opinions: None.				
	The Company's responses to independent directors' opinions: None.				
	Resolution: All directors present at the meeting approved.				

ii. Besides the above-mentioned matters, other resolutions of the Board on which independent directors had dissenting or qualified opinions, and that were documented or issued through written statements: None.

iii. The Board reports on the implementation of corporate governance



Board Meeting Dates	Corporate Governance Implementation Status	Attendance and
		Directors' Response
The 15 th meeting of	(1). Report: Communication between governance unit and	All directors present
the 11 th Board on	CPAs.	at the meeting
March 31, 2022	(2). Report: Communication between governance unit and	acknowledged
	internal auditors.	resolutions.
The 19 th meeting of	(1). Report: Corporate Sustainable Development	
the 11 th Board on	implementation status in 2022.	
December 23, 2022	(2). Report: Ethical Corporate Management	
	implementation status in 2022.	
	(3). Report: Stakeholder reporting and communication in	All directors present
	2022.	at the meeting
	(4). Report: Status of the intellectual property	acknowledged
	management scheme in 2022.	resolutions.
	(5). Report: Implementation of risk management policies	
	in 2022.	
	(6). Report: Communication between governance unit and	
	CPAs.	

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2. In the event of recusals of directors due to conflicts of interests, the name of the directors, the motion, the grounds for recusal and the participation in voting should be noted:

Name	Date	Motion	Grounds for Recusal	Participation in Voting
Chang, Chih-Chuan	The 14 th	Entering into	Chang, Chih-Chuan	Except directors recused
	meeting of	Contract of	was interested	themselves from the
	the 11 th Board	Construction of	parties.	discussion and voting, other
	on March 9,	Plant on Leased		directors present at the
	2022	Land.		meeting approved based on
				resolutions of the
				Compensation Committee.
Lin, Ing-Gin, Zhuang,	The 15 th	Approval of	Lin, Ing-Gin, Zhuang,	Except directors recused
Zhu-Wei, Chang, Chih-	meeting of	2021	Zhu-Wei, Chang,	themselves from the
Chuan, Hsieh, Chang-	the 11 th Board	distribution of	Chih-Chuan, Hsieh,	discussion and voting, other
Hung, Wang, Kai-Li,	on March 31,	employees' and	Chang-Hung, Wang,	directors present at the
Wang, Chih-Cheng	2022	directors'	Kai-Li, Wang, Chih-	meeting approved based on
		compensation	Cheng were	resolutions of the
			interested parties.	Compensation Committee.

3. Evaluation of targets for strengthening of the functions of the Board during the current and immediately preceding fiscal years (e.g. setting up an Audit Committee, enhancing information transparency, etc) :

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- The Company adopted procedures for Board self-assessment or peer evaluation on Board meeting of November 11, 2016 and completed Board self-assessment report in December 2021. The result of the internal assessment is expected to be reported to the Board at its first quarter meeting in 2023 and disclosed on Company website.
- II. To enhance the transparency of information, the Company issues major operations news in the form of material information.
- III. The Company immediately discloses major resolutions on the Market Observation Post System after the Board meeting to protect shareholders' rights and interests, has a designated person responsible for the collection and disclosure of Company information, and establishes a spokesperson system to ensure timely and proper release of material information for shareholders and stakeholders.
- IV. The Company continually arranges professional training for directors. A total of 51 hours of director training with respect to the most recent fiscal year as well as the current fiscal year up to the date of publication of the annual report. The training was as follows.

Name	Date	Host by	Training/Speech Title	Duration	Total Hours
Lin, Ing-Gin	2022.09.1	Taiwan Investor	Corporate Governance Series - ESG	3	6
	8	Relations Institute	and Tax Practice Analysis		
	2022.11.1	Taiwan Corporate	Cross-border merger analysis	3	
	0	Governance			
		Association			
	2022.07.0	Taipei Exchange	"Sustainable Development	2	8
	7		Roadmap" Industry Theme		
			Promotion Conference		
Zhuang, Zhu-Wei	2022.08.2	Taipei Exchange	Seminar to insiders of	3	
Zhuang, Zhu-wei	5		listed/registered companies		
	2022.10.2	Taiwan Academy		3	
	5	of Banking and	Corporate Governance Forum		
		Finance			
	2022.11.1	Taiwan Corporate	Cross-border merger analysis	3	6
Chang, Chih-	0	Governance			
Chuan		Association			
Chuan	2022.11.1	Securities &	TCFD Disclosure Practices And The	3	
	8	Futures Institute	Role Of The Board Of Directors.		
Wanshida	2022.06.2	Securities &	The practice seminar for director,	12	12
Construction Co.,	1	Futures Institute	supervisors and corporate		
Ltd.	2022.06.2		governance director-Taipei		
Representative:	2				
Li, Bo-Yi					
Hsieh, Chang-	2022.11.1	Taiwan Corporate	Cross-border merger analysis	3	6

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Hung	0	Governance			
		Association			
	2022.12.0	Taiwan Corporate	Transforming to a risk intelligence	3	
	9	Governance	organization – from fraud risk		
		Association	prevention, detection and		
			investigation perspectives		
	2022.08.1	Taiwan Corporate	Analysis of the global economic	3	6
	1	Governance	trends and technological pulse		
		Association			
Wang, Kai-Li	2022.11.1	Taiwan Corporate	Cross-border merger analysis	3	
	0	Governance			
		Association			
Wang, Chih-	2022.04.0	Taiwan Corporate	Global information technology risk	2	7
Cheng	8	Governance	and Information security		
-		Association	governance.		
	2022.04.0	Taiwan Corporate	The Net-Zero Trend: A Practical	3	
	8	Governance	Observation of The Board's ESG		
		Association			
	2022.06.1	Securities &	The 2022 Advocacy Briefing on	3	
	0	Futures Institute	Prevention of Insider Trading		

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4. Board Performance Evaluation:

I. Performance Evaluation and Compensation

In the event of moral hazard, other adverse events that may impair the Company' s reputation or goodwill, internal mismanagement, or corrupt practices, the reasonable compensation to directors shall be adjusted with respect to their participation in and contribution to the operations.

II. Result of Performance Evaluation

The Company adopted procedures for Board self-assessment or peer evaluation on Board meeting of November 11, 2016. Beginning in 2016, performance evaluation is annually completed in December by the Board as a whole through self-assessment surveys via questionnaires. External board performance evaluation is performed at least once every three years by an external professional independent organization or a team of external experts, with current year performance evaluation conducted at the end of the year.

Pursuant to §24 of the Company' s Articles of Incorporation, not more than 5 percent of profit of the current year shall be distributed as compensation to directors. The procedures for determining compensation shall be subject to Board self-assessment or peer evaluation and stated in §21 of the Company' s Articles of Incorporation. The directors' compensation shall be determined by the Compensation Committee with respect to their participation in and contribution to the operations. The Board is authorized to distribute compensation in accordance with the Compensation Committee' s assessment and the typical pay levels adopted by peer companies.

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(1). Internal Evaluation:

The individual directors are assessed on the following six aspects:

- Understanding of the Company's goals and mission
- Awareness of director's duties
- Involvement in the Company' s operations
- Internal relationship and communication
- Expertise and continuing education
- Internal controls

The weighted average score for the 2022 overall performance of the directors was 5 out of 5 and is expected to report the result to the Board at its first quarter meeting in 2023.

The Board of Directors are assessed on the following five aspects:

- Involvement in the Company' s operations
- Enhancement of the quality of the Board's decision-making
- Makeup and structure of the Board
- Election of directors and continuing knowledge development
- Internal controls

The weighted average score for the 2022 overall performance of the Board of Directors was 5 out of 5 and is expected to report the result to the Board at its first quarter meeting in 2023.

(2). External Expert Evaluation:

According to procedures for Board self-assessment or peer evaluation, external expert evaluation shall be performed at least once every three years. The Company engaged Chainye Management Consulting Co. to conduct an external evaluation of the overall performance of Board, directors and functional committees for the year 2020. The evaluation was performed through a combination of data analysis (including self-assessment questionnaires and public information) and actual participation in the Company's Board and functional committee meetings.

Evaluation scope was as follow.	

Board of Directors	Individual Director	Functional Committee
• Involvement in the	• Understanding of the	• Involvement in the
Company' s operations	Company's goals and	Company's operations
• Enhancement of the quality of	mission	• Awareness of the functional
the Board's decision-making	• Awareness of director' s	committee' s duties
• Makeup and structure of	duties	• Enhancement of the quality of
the Board	• Involvement in the	the functional committee' s
• Election of directors and	Company' s operations	decision-making
continuing knowledge	 Internal relationship and communication 	• Makeup of the functional
development	• Expertise and continuing	committee and election of
Internal controls	education	members

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Internal controls	Internal controls

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Evaluation Result:

- A. Chainye Management Consulting Co. on Jan 8, 2021 issued an assessment, stating that the Board of the Company has established policies and processes relating to the operation of the Board in compliance with relevant laws and domestic corporate governance standards in all aspects, that the Board is composed of directors with professional competence and continuing education, that the functions of the Board members and functional committees are operating effectively, and that they are assigned work based on different professions and experience, and have a timely understanding of the Company' s operations and risks, and have a high level of participation in the Company' s operations, with the overall assessment result being between good and excellent.
- B. The result of the above assessment was reported to the Board on March 4, 2021.